

Service Type	Organization	Location	Phone	Services Provided and Website	Payments Accepted
12-Step Programs	<b>Alcoholics Anonymous (AA)</b>	various	828-433-4440	<a href="http://www.ncd12aa.org/meetings.php">http://www.ncd12aa.org/meetings.php</a> AA meetings in Burke County and surrounding areas.	Free
	<b>Narcotics Anonymous</b>	various	866-848-2567	<a href="http://www.crna.org/area-service-committees/foothills-area-meeting-schedule/">http://www.crna.org/area-service-committees/foothills-area-meeting-schedule/</a> NA meetings in Burke County and surrounding areas.	Free
	<b>A1-Anon/Alateen</b> (Support for families or friends of those in addiction).	various	800-344-2666	<a href="http://ncafgd3.blogspot.com/p/meeting-schedule-district-two.html">http://ncafgd3.blogspot.com/p/meeting-schedule-district-two.html</a> A1-Anon/ Alateen meetings in Burke County and surrounding areas.	Free
Outpatient	<b>A Caring Alternative</b>	617 S. Green Street, Suite 300 Morganton, NC 28655  Marion location: 361 North Main Street, Marion NC 28752 (828) 652-5444	828-437-3000	<a href="http://www.caringalternative.com/">http://www.caringalternative.com/</a> Provides psychological and psychiatric assessments; comprehensive clinical assessments; individual and group outpatient therapy for adults, children, and families; intensive in-home services; behavior management consultation; medication management; day treatment services; therapeutic and family foster care; Assertive Community Treatment (ACT) Team for adults with chronic mental health conditions; community support team for adults; and CAP I/DD specialized consultative services. Open access, no appointment needed.	Medicaid, Medicare, IPRS, Insurance, Private Insurance
	<b>Archway Counseling</b>	113 Malcolm Blvd., Rutherford College, NC 28671	828-874-5511	<a href="mailto:archwaycounseling@embarqmail.com">archwaycounseling@embarqmail.com</a> Provides substance use disorder assessments and individual, group, and family counseling for adults and adolescents.	Medicaid and most insurance plans accepted
	<b>Burke Integrated Health</b>	350 E Parker Rd. #102, Morganton, NC 28655	828-624-0300	Provided services for children and adults; mental health; substance use disorder; outpatient; intensive outpatient; and peer support services.	Medicaid, Medicare, Sliding Scales, IRPS, Insurance
	<b>Burke Recovery</b>	203 White Street, Morganton, NC 28655	828-433-1221	<a href="http://burkerecovery.com/">http://burkerecovery.com/</a> Provides individual outpatient counseling for substance use disorder, group counseling, court-ordered assessments, health and recovery coaching, and a residential recovery program for men (Flynn Recovery Community). Also offers the Student Assistance Program in middle and high schools, adolescent outpatient for youth ages 12-17, School Intervention Program (SCIP), prevention services, community awareness and education.	Private pay, Medicaid, IRPS

Outpatient	<b>Catawba Valley Behavioral Healthcare (Burke County)</b>	Morganton Office: 350 E. Parker Road, Suite 100 Morganton, NC 28655  Hickory Office: 327 1 <sup>st</sup> Ave NW Hickory, NC 28601	Morganton: 828-624-1900  Hickory: 828-695-5900	<a href="http://www.cvbh.org">www.cvbh.org</a> Provides adult and child mental health services. Includes individual and family counseling and medication management for children and adults.  Also offers peer support services for adults.	Medicaid, Medicare, Sliding scale, IRPS, and most insurance plans
	<b>The Cognitive Connection</b>	Morganton: 1001 E Union St #C, Morganton, NC 28655  Hickory: 1109 2 <sup>nd</sup> Avenue SW, Hickory, NC 28602	Morganton: 828-430-3505  Hickory: 828-327-6026  Toll-free: 1-877-508-2825	<a href="https://www.thecogcon.com/">https://www.thecogcon.com/</a> Services include cognitive behavioral intervention for juveniles and adults, alcohol and drug assessments, regular outpatient alcohol and drug treatment programs, individual alcohol and drug counseling, DWI services, and Suboxone treatment. Services also include job development and employment counseling.	Medicaid, Medicare, IRPS, and most insurance plans
	<b>New Season Clinic: Hickory Metro Treatment Center</b>	1152 Lenoir Rhyne Blvd. SE, Hickory, NC 28601	828-485-1320	<a href="http://newseason.com/clinics/hickory-metro-treatment-center/">http://newseason.com/clinics/hickory-metro-treatment-center/</a> Offers medication assisted treatment, individual and group counseling	
	<b>Universal Mental Health/ DD/SA Services</b>	One North Square 301 East Meeting Street, Suite 3, Morganton, NC 28655	828-438-0006	<a href="http://www.umhs.net/">http://www.umhs.net/</a> Offers early intervention services for newborn through 3 years of age and mental health, developmental disabilities and substance abuse services to children, families, and adults.	Medicaid and private pay referrals are accepted
Inpatient, Detox, and Residential	<b>Carolinas Healthcare System Blue-Ridge</b>	Grace Hospital 2201 South Sterling Street Morganton, NC 28655	(828)580-6390 or (828)580-6391.	<a href="http://www.blueridgehealth.org/medical-detox.html">http://www.blueridgehealth.org/medical-detox.html</a> Short-term medical detox. Designed to help patients safely withdraw from alcohol, benzodiazepines, barbiturates and opiates. Criteria for admission are severe symptoms of substance withdrawal that requires 24-hour medical supervision. 14 private rooms equipped with telephone and smart TV with internet access.	Private insurance; Medicare; Medicaid; Discounted Up Front payment plan; Access One Care
	<b>Flynn Recovery Community</b>	721 West Union St., Morganton, NC 28655	828-437-9491	<a href="https://flynnrecoverycommunity.org/">https://flynnrecoverycommunity.org/</a> Integrative, holistic, extended-care recovery program that focuses on the entire person, including physical, mental, emotional and spiritual components. Residents live together in a home-like environment and share duties such as cooking, cleaning, gardening and support of each individual's and the community's welfare.  Must have 28 days sobriety prior to admission	IRPS, Private pay

Inpatient, Detox, and Residential	<b>Hope Valley Inc.</b>	105 County Home Rd, Dobson, NC 27017	828-324-8767	<a href="http://hopevalleytreatment.org/residential_unit.html">http://hopevalleytreatment.org/residential_unit.html</a> 28-day residential substance use disorder treatment program for men (ages 25 and up) and women. Follows a 12-step model.	Private Pay
	<b>Julian F. Keith Alcohol and Drug Abuse Treatment Center (ADATC)</b>	201 Tabernacle Rd., Black Mountain, NC 28711	828-257-6200	<a href="https://www.ncdhhs.gov/divisions/dsohf/julian-f-keith-alcohol-and-drug-abuse-treatment-center">https://www.ncdhhs.gov/divisions/dsohf/julian-f-keith-alcohol-and-drug-abuse-treatment-center</a> 80 bed residential and detox/crisis stabilization treatment facility. Offers psychological services, nursing services, counseling/ social work, education, recreational therapy, acute care unit (Detox). Primary residential program is focused on the education, therapy and fellowship that provide essential recovery supports.	IRPS, Insurance, self-pay, Medicare, Medicaid
	<b>Fellowship Hall</b>	5140 Dunstant Road Greensboro, NC 27405	800-659-3381	<a href="https://www.fellowshiphall.com">https://www.fellowshiphall.com</a> Residential treatment for substance use disorders and co-occurring disorders for adult men and women. Provides medically managed detoxification if needed. Average length of stay is 3-4 weeks.	Accepts most forms of insurance.
	<b>Life Center of Galax</b>	112 Painter Street, Galax, VA 24333	276-522-0406	<a href="http://www.galaxrecovery.com/">http://www.galaxrecovery.com/</a> Offers comprehensive addiction and dual diagnosis services to men and women. Treatment team includes: a medical director certified by the American Society of Addiction Medicine; a board certified psychiatrist; physician assistants and nurse practitioners; certified and licensed counselors; and 24 hour nursing with both RN's and LPN's.	Insurance, self-pay, Contracts
	<b>Synergy</b>	118 Peace St. North Wilkesboro, NC 28659	1-336-667-7191	<a href="https://www.synergyrecovery.org/">https://www.synergyrecovery.org/</a> 14 bed non-hospital based detoxification and crisis stabilization unit. Synergy provides the following services: detoxification from alcohol, tranquilizers, stimulants, and opiates; including methadone and suboxone. Synergy also provides Crisis Stabilization for both substance abusers and mentally ill clients. Synergy combines integrated Dual Diagnosis Treatment (IDDT), 12- Step Facility Model and Mindfulness- Based Relapse Prevention (MBRR) to assist clients on the Path of Recovery.	IRPS, Insurance, Medicare, Medicaid, self-pay

	<b>FIRST at Blue Ridge</b>	32 Knox Road PO Box 40 Ridgecrest, NC 28770	828-669-0011 for admission procedures	<a href="http://firstinc.org">http://firstinc.org</a> 85 bed male facility and a 65 bed female facility and transitional (half-way) housing. Offers short-term (14 - 90 day) and long-term (10-month) treatment programs as well as a 24-month program for Veterans called Vets First. Veterans live and receive treatment at FIRST and have outside employment. Women and Children FIRST program provides services and housing for women and their children.	Fee for service program
	<b>Pavilion Treatment Center</b>	241 Pavillon Place Mill Spring , NC 28756	1-800-392-4808 (828) 694-2300	<a href="http://www.pavillon.org">http://www.pavillon.org</a> Primary residential care- comprehensive, gender specific program treating alcoholism, drug addiction and other co-occurring disorders. Includes medically supervised detoxification as needed, a detailed assessment process, and a personalized care approach. Also offers extended care for those benefiting from a longer stay, professional program for adults who are licensed medical, legal and other kinds of skilled professionals when undergoing addiction treatment and recovery programs, and family care to help families better understand the disease of addiction and its treatment.	Accepts all insurance. <b>Does not accept</b> Medicare, Medicaid, and Tricare programs.